

CURRICULUM VITAE

Isabel A. Villegas-Glang

B.A. in Communication
School of Communication
College of Professional Studies & Fine Arts
San Diego State University

CONTACT INFORMATION

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EDUCATION

M.A., Communication Studies (Expected May 2026), San Diego State University

B.A., Communication (May 2024), San Diego State University

Major in Communication
Summa Cum Laude

Associates of Arts for Transfer (June 2022), Chemeketa Community College

General

RESEARCH ASSISTANT APPOINTMENTS

August 2025 - May 2026 *Research Assistant*, Dr. Katrina Pariera, Center for Communication, Health, & the Public Good, San Diego State University Research Foundation

August 2023 - May 2024 *Undergraduate Research Assistant*, Dr. Rebecca de Souza, School of Communication, San Diego State University

June 2023 - August 2023 *Summer Research Intern*, Dr. Chara Rydzak, Department of Diagnostic Radiology, Oregon Health and Sciences University

HONORS/AWARDS

2025 - 2026 Berman Institute Fellow, School of Communication

2024 Commencement Speaker, College of Professional Studies and Fine Arts

2023 - 2024 Outstanding Student, College of Professional Studies and Fine Arts

2023 - 2024	Outstanding Student, School of Communication
2023 - 2024	Tom and Donna Bergelis Golich Endowed Scholarship in Communication
2023 - 2024	David W. and Edna B. Heiser Family Endowed Scholarship in Communication
Fall 2022 - Spring 2024	College of Professional Studies and Fine Arts Dean's List
Fall 2020 - Spring 2022	Chemeketa Community College President's List

PUBLISHED MANUSCRIPTS

de Souza, R., **Villegas-Glang, I. A.**, (2025). The struggle to be “fully human”: Women’s communicative disenfranchisement and ideological formations in the U.S. healthcare system. *Health Communication*, 1–15. <https://doi.org/10.1080/10410236.2025.2521493>

de Souza, R., **Villegas-Glang, I. A.**, & Pham, B. (2025). Meanings of health and healthcare in a U.S. border region: A culture-centered approach to health disparities. *Frontiers in Communication*, 10. <https://doi.org/10.3389/fcomm.2025.1500791>

COMPETITIVELY SUBMITTED CONFERENCE PAPER/POSTER PRESENTATIONS

de Souza, R., **Villegas-Glang, I. A.**, & Pham, B. (2024, November 21). Meanings of health and healthcare at a U.S. Border: A culture-centered approach to health disparities. [presentation.] National Communication Association Conference, New Orleans, LA, United States.

de Souza, R., & **Villegas-Glang, I. A.** (2024, November 23). Women as “Bio-Other”: Dismissals, bias, and medical sexism in the US healthcare system. [presentation.] National Communication Association Conference, New Orleans, LA, United States.

Villegas-Glang, I. A., (2024, March 1). Rejoicing, rewarding, and rejecting: An investigation of affection in intimate college-aged relationships. [presentation.] San Diego State University Student Symposium, San Diego, CA, United States.

Villegas-Glang, I. A., (2024, February 23) Understanding “health” in a post-pandemic world. [presentation.] Undergraduate Scholars Research Conference, Western States Communication Association Convention, Reno, NV, United States.

PRESENTATION EXPERIENCE

San Diego State University Presentations

- COMM 610 - Advanced Communication Theory, *[A social norms approach to food behavioral norms among college women]*
- COMM 707 - Instructional Communication, *[Assessing student perceptions of GTA (graduate teaching associate) credibility in the U.S. communication discipline]*
- COMM 620 - Quantitative Methods Research, *[Assessing college students' engagement in fat talk and conversations about food, and the impacts on body image and satisfaction]*
- COMM 735 - Relational Communication, *[Self-disclosure and health]*
- COMM 601 - Theory and Research Methods in Communication, *[Navigating gendered scripts: The impact of hispanic cultural norms on communication in intercultural marriages]*
- COMM 495 - Communication Capstone, *[Health communication]*
- COMM 407 - Communicative Perspectives on Interviewing, *[Rejoicing, rewarding, and rejecting: An investigation of affection in intimate college-aged relationships]*
- COMM 321 - Introduction to Health Communication, *[Creating balance and coping with health]*

Oregon Health and Sciences University Presentation

- Summer 2023 Equity Research Program - Poster Symposium, *[Lung cancer and lung cancer screening in Oregon: Health education and awareness for high school students]*

SERVICE AT SAN DIEGO STATE UNIVERSITY

May 2025 - May 2026	Society of Communication and Leadership Faculty Liaison
January 2025 - May 2025	Banquet Planning Committee, School of Communication
April 2023 - April 2024	Director of Finance, Public Relations Student Society of America
January 2023 - December 2023	Volunteer and Fellow, Women's Resource Center

STUDENT MEMBERSHIPS

2024 - 2026	Society of Communication and Leadership
2022 - 2024	Public Relations Student Society of America